

NATE Treibball Training Resources – Updated 5 May 2022

Video links have been compiled from various Treibball trainers using a variety of methods to teach Treibball. Please let us know if any link is no longer available.

Stage One - Skills Prep

Getting Started - Go Out

- First time go to mat (<https://youtu.be/snyWL-s36d4>)
- **The Mat Game** (<https://youtu.be/M8sglcZrGvw>)
- Go out to mat behind object (<https://youtu.be/xs64WuGgQqw>)
- Go out to mat behind ball (<https://youtu.be/z4rJhnGX4IE>)
- Go out to mat behind ball - send from side (<https://youtu.be/JadPv2W1Erk>)

Getting Started - Push

- Touching objects (<https://youtu.be/pHaKy3F5Cm4>)
- Teaching push with bowl (<https://youtu.be/-aMd97fazOk>)
- Teaching push with bowl 2 (<https://youtu.be/nyNsi0Dqx0M>)
- Unrolling mat (<https://youtu.be/3tx1U4K2Li4>)
- First time with clicker (<https://youtu.be/DOikW6WPDzk>)
- Pushing - rolling object (<https://youtu.be/j7p2cQEJYo0>)
- Beginning floor pushing (<https://youtu.be/PEbUtJbzhv8>)
- Beginning floor pushing 2: (<https://youtu.be/yD1n0lZYdLs>)
- Push 10 ft from stay (<https://youtu.be/7W6FgeG95u0>)
- Pushing off ring showing treats (<https://youtu.be/P0Aw9qpkR5I>)
- Push through hoop (<https://youtu.be/0USibjhCEjM>)
- Push across ladder (<https://youtu.be/0USibjhCEjM>)
- Shaping finesse - Clubhouse Chat excerpt - (<https://youtu.be/ypkUUY-ASOc>)

Getting Started - Directionals

- First time sending to hoops (<https://youtu.be/LJ3HpigwyeQ>)
- Sending to multiple mats close up (<https://youtu.be/FrsQG3uBN4k>)
- **NATE Treibball - Lily Pad Game - FOUNDATION SKILL EXERCISE** - (<https://youtu.be/SvmPYGELO-o>)
- Go out and over, 3 balls in baskets (<https://youtu.be/o5ALbA-HluM>)

Getting Started - Line Up/Orientation/Balancing/Point Ball Positioning

- Close balancing ball on box (<https://youtu.be/5VWD6V8c2yw>)
- Figure 8 step 1 (<https://youtu.be/Vjelk8PNKFA>)
- **NATE Treibball - The Balancing 1 Game - FOUNDATION SKILL EXERCISE** (<https://youtu.be/1seVgDdx528>)
- **NATE Treibball - Balancing 2 Game - with Distance** (<https://youtu.be/qxZQV3SLsvU>)
- Finding mat on other side of object (<https://youtu.be/qxZQV3SLsvU>)
- Figure 8 Step 3 (<https://youtu.be/BdCHvewKBlc>)

Skills Tests Links

- Link to NATE Skills Test Info: <https://www.nationaltreibball.com/Skill-Certification-Requirements>
- Link to NATE Skills Test Application: <https://www.nationaltreibball.com/Sys/Login?ReturnUrl=%2fSkills-Cert-App>

Stage Two - Standard Game Pre-Novice Level Putting it Together

- Go out and push 1 ball (<https://youtu.be/rQEmfz5j8-c>)
- Go out and push in 3 balls at 10 feet (<https://youtu.be/gFdA-7SxsFg>)

Stage Three - Standard Game Novice Level and Beyond

Steering

- Steering around island (<https://youtu.be/TilWZhfp-0g>)
- Steering around objects including other balls (<https://youtu.be/gyVShZhrzNU>)
- **Building Speed**
- Barrel Racing:
 - Beginning go around (<https://youtu.be/eudJqgbabJY>)
 - With distance (<https://youtu.be/U2a9xVkJF0>)

Stage Four - Numbers Game

- Go by and away with 3 balls with and without cones (<https://youtu.be/ieOKJ8uX6Do>)
- Redirection with 4 balls (<https://youtu.be/02310xR1hg4>)
- Redirection with 5 balls (<https://youtu.be/fu0K8YbgA7k>)