

## **Five Fun Training Games for Treibball Beginners**

#### 1) The Bowl Game

With your dog and a bowl in front of you, hold a small ball between your knees and drop a treat into the bowl and let your dog eat it. Lower the ball slightly and drop another treat in the bowl. Continue to lower the ball until it is on the bowl and the dog has to push it out of the way to get their treat.



## 2) The Magic Carpet Rolling Game



Find a yoga mat or a bath mat and place treats along its length. Roll the carpet up leaving a few treats exposed at the end. Show the treats to your dog and encourage them to push the mat to unroll it and get the rest of the treats.

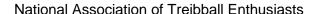
## 3) The Lilly Pad Splat Game

Place several mats in a large circle. Run to a mat with your dog and ask him for a down on the mat. When he lies down praise and reward him with a jackpot the first time he does it. Feed

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your dog for his position on the mat. Continue running to another mat asking for a down with a playful voice and rewarding your dog. As you practice, you should see your dog laying down from a stand quickly in a "Splat" Down on the mats. You may even be able to stay just a little farther from the mat after the first five or so trials to jump start your distance training. If the dog doesn't go to the mat, decrease your distance or increase the value of your food or toy rewards.

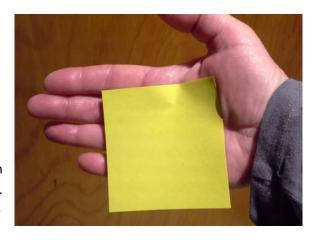






### 4) Post-it Note Palm Pushing

Teach your dog to touch their nose to a post it note target on your hand. Present your hand with a post it note on in your palm. When the dog touches the note in your hand, mark and reward her. When your dog is successful five or more times, put the post it note on your finger tips and have your dog touch it five times, mark & reward each touch. Place the post it note on an open cabinet door, pointing to it with your finger. When she touches the note, she will hopefully be pushing it hard enough to make the cabinet door



move or even close. Next put the note on a popcorn can or a plant pot and eventually a ball. By using other items, you have fun and if your dog makes mistakes, you can fix them before you start working with balls.

# 5) Bottle Bowling

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This is a fun game for beginners. Set up some plastic water bottles with pebbles or aquarium rocks inside them as your bowling pins. Use a large plant pot or popcorn can for your bowling ball. Encourage your dog to push the can or pot toward the "bowling pins" to knock them over. Start very close and work your way further away from the pins as your dog pushes harder.

Here's a link to make these colorful bottles.